



2018 Benefits Open Enrollment Summary

DASEKE[®]
BENEFITS

AATCO **R & R** NEI
Trucking, Inc.

What's Inside

Page 1

Welcome
Eligibility
2018 Highlights
How to Enroll

Page 2

2018 Highlights
Medical
Hospital Indemnity

Page 3

2018 Highlights
Accident
Critical Illness
Identity Theft

Page 4

Medical Features

Page 5

Meet ALEX
Teladoc
Dental
Vision

Page 6

Life
Disability
HSA
FSA
Benefit Contacts

Welcome

At R&R Trucking, we strive to offer a robust benefits package that gives you peace of mind in knowing that the most important things in life are protected—your family, your finances, and your future. This benefit summary highlights the many benefit options available to you during this year's open enrollment.

Eligibility

If you are a fulltime employee working thirty (30) hours a week or more, you are eligible for benefits outlined in this guide. You may cover your spouse if they are not offered health insurance through their employer and you may cover dependent children up to age 26. Coverage begins the 1st of the month following 30 days of employment.

2018 Highlights

To ensure we are offering the best available benefits to our employees, we are excited to announce the following:

- **Lucent Health with PHCS (Private Healthcare Systems) will be the administrator for your employer-sponsored health plan.**
- **MaxorPlus will be your pharmacy benefit manager.**
- **Voluntary benefit programs**, including Hospital Indemnity, Accident, and Critical Illness from Voya and Identity Theft Protection from ID Watchdog.
- **An online portal** to confirm your benefits and access information. You will receive login instructions after you complete the enrollment process.
- **A benefit enrollment team**, available over the phone to answer your questions, help you select the benefits that are right for you, and enroll you and your family in coverage.

How to Enroll in Your Benefits

All benefit-eligible employees are encouraged to complete an individual phone meeting with a member of the Benefits Enrollment Team. This meeting is your chance to:

- Ask questions and get more information.
- Get help choosing the best benefits for you and your family.
- Complete the enrollment process.
- Get your login information for the new online portal.

You can schedule your appointment online or over the phone.

Phone: Call **844-831-5969** Monday – Friday, 8 a.m. – 7 p.m. CST

Online: Log on to **www.daseke.mybenefitsappointment.com**.

- Select benefit appointment and click continue.
- Select the date and time on the calendar that works for you; click continue.
- Fill out the contact information page and click complete appointment.
- Check your email for your confirmation reminder. You will receive a call at your chosen appointment time at the phone number you provided.

You can also log on to **www.mydasekebenefits.com**.

2018 Highlights

Medical

Because there's nothing more important than your health, R&R Trucking is proud to announce our partnership with Lucent Health effective January 1, 2018.

Lucent Health

- Lucent Health, combined with PHCS (Private Healthcare Systems), will be the administrator of your employer-sponsored health plan.
- Physician Network — Please check the network before visiting your provider. To locate a provider, log on to **www.mydasekebenefits.com** and click on **www.multiplan.com/naaphcs**.
- Pre-certification — Any services provided in a hospital or facility (whether inpatient or outpatient) will need to be pre-certified for your benefits to apply. Please make sure you are calling Lucent Health to verify your procedure is pre-certified and covered by the plan.

MaxorPlus

- Network — Log on to **www.maxorplus.com** to access the MaxorPlus network and confirm your preferred pharmacy location.
- ID Card — MaxorPlus information will be included on your Lucent Health medical ID card, so be sure to show your new card at the pharmacy as of January 1st!

Your Medical Plan Options

R&R Trucking's medical plans offer flexibility in managing care for you and your family. You have the option to choose between two medical plans: Plan A and Plan B. The table on the next page provides a general summary of your medical benefits and shows the amount you pay; please refer to your Summary Plan Description (SPD) for additional details.

Narus Health – Brought to you by Lucent Health

As part of your Lucent Health plan, Narus Health will help you navigate the healthcare system. With a dedicated personal care team that is available 24/7 through text messaging, video conference, or phone and comprised of nurses, social workers, care managers, and physicians, you will get the help you need to coordinate your care and treatments. This is part of your health plan in 2018, so watch for more information on this benefit.

Hospital Indemnity *Voluntary Coverage*

An unexpected hospital stay can put a strain on your budget. Hospital Indemnity insurance through Voya is designed to provide you with financial protection by paying you benefits for hospital confinement, CCU confinement, and rehabilitation facility care. Since the plan pays the benefit directly to you, in addition to what your medical plan covers, you can use the benefit however you want. Use it to pay for out-of-pocket expenses and extra bills relating to your hospitalization, or for other expenses, like buying groceries or paying for childcare.

Event	5X Initial Confinement	10X Initial Confinement
Initial Confinement Benefit	\$500	\$1,000
Hospital Benefit	\$100 per day, up to 30 days	\$100 per day, up to 30 days
Critical Care Unit Benefit	\$200 per day, up to 15 days	\$200 per day, up to 15 days
Rehabilitation Facility Benefit	\$50 per day, up to 30 days	\$50 per day, up to 30 days
Weekly Rate		
Employee	\$2.41	\$3.53
Employee + Sp	\$5.28	\$7.72
Employee + Ch	\$3.78	\$5.58
Family	\$6.65	\$9.78

2018 Highlights

Accident *Voluntary Coverage*

Accident Insurance through Voya can help cover the out-of-pocket costs associated with an accident by paying you a benefit depending on the injuries you suffer and treatment you receive.

Plan Features

- Customize your plan to fit your needs — choose on/off job or off job coverage
- \$50 annual wellness benefit
- Cash benefits paid directly to you and in addition to what your medical plan covers, so you can use them however you want
- Coverage for things like emergency room visits, ambulance transportation, fractures, dislocations, burns, and more
- Family coverage available

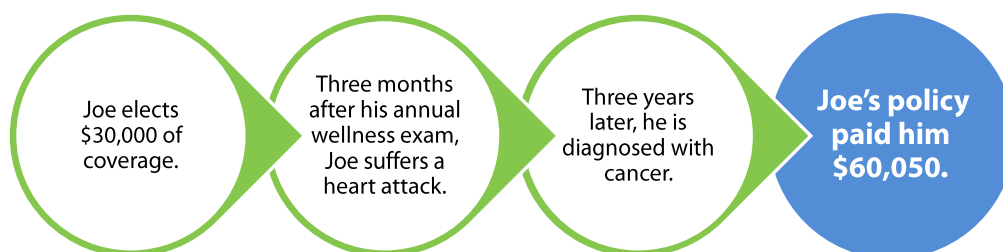
Accident Insurance Weekly Rate		
	On/Off Job	Off Job
Employee	\$2.43	\$1.93
Employee + Sp	\$4.08	\$3.25
Employee + Ch	\$4.55	\$3.62
Family	\$6.20	\$4.94

Critical Illness *Voluntary Coverage*

No one saves to get sick, which is why we are pleased to introduce Critical Illness Insurance from Voya to help you protect your bank account if you are diagnosed with certain conditions and illnesses. Please speak with a member of the Benefits Enrollment Team for your custom quote.

Plan Features

- Coverage for conditions such as heart attack, cancer, and stroke
- \$50 annual wellness benefit
- Benefits paid to you — use them however you want
- **During this year's open enrollment, you have a one-time only opportunity to elect up to \$30,000 of coverage for yourself and \$15,000 for your spouse and up to \$10,000 for your children without answering medical questions.**



Over three years, Joe's policy paid out multiple benefits, including a \$30,000 heart attack benefit, a \$30,000 cancer benefit, and an annual \$50 wellness benefit each year he completed his wellness exam.

**This example is for illustrative purposes only. Your actual benefits may vary.*

Identity Theft Protection *Voluntary Coverage*

Identity Theft Protection from ID Watchdog provides identity monitoring, alerting, and resolution services. Should your identity be compromised, ID Watchdog's certified resolution experts will step in and work on your behalf to fully restore your identity to its pre-theft condition.

Level	Features	Weekly Rate (Employee/Family)
Level 1	Credit monitoring, rapid credit alerts, annual credit report & score, and credit score tracker from 1 credit bureau	\$1.83 / \$3.22
Level 2	Level 1 + credit monitoring done through 3 credit bureaus	\$2.30 / \$4.14
Level 3	Level 2 + annual credit report and score provided from 3 credit bureaus	\$2.99 / \$5.30

Medical Plan Features				
	Plan A		Plan B	
Benefit	In-Network	Out-of-Network	In-Network	Out-of-Network
Deductibles and Maximums				
Annual Deductible				
Individual	\$1,500	\$3,000	\$3,000	\$6,000
Family	\$3,000	\$6,000	\$6,000	\$12,000
Coinsurance	20%	40%	40%	40%
Annual Out-of-Pocket Maximum <i>Including Deductible</i>				
Individual	\$5,000	\$10,000	\$6,550	\$13,100
Family	\$10,000	\$20,000	\$13,100	\$26,200
Covered Services				
Preventive	No Cost	40% AD*	No Cost	40% AD*
Physician	\$25 copay	40% AD*	40% AD*	40% AD*
Specialist	\$40 copay	40% AD*	40% AD*	40% AD*
Teladoc	\$0	\$0	\$45	\$45
X-Ray/Lab	20% AD*	40% AD*	40% AD*	40% AD*
Inpatient Hospital	20% AD*	40% AD*	40% AD*	40% AD*
Emergency Room	20% AD*	20% AD*	40% AD*	40% AD*
Prescription Benefit				
30-Day Retail Supply				
	Copays:		Deductible then:	
Generic	\$10		\$10	
Preferred	\$50		\$60	
Non-Preferred	\$75		\$125	
Specialty	\$150		\$200	
90-Day Mail Order Supply				
	Copays:		Deductible then:	
Generic	\$30		\$30	
Preferred	\$150		\$180	
Non-Preferred	\$225		\$375	
Weekly Rate**				
Employee	\$35.00		\$25.00	
Employee + Sp	\$70.00		\$50.00	
Employee + Ch	\$55.00		\$40.00	
Family	\$94.00		\$68.00	



Have questions? Ready to enroll? Call 844-831-5969 Monday – Friday, 8 a.m. – 7 p.m. CST, log on to www.daseke.mybenefitsappointment.com, or visit www.mydasekebenefits.com.

*AD = After Deductible

**Contributions for all medical plans are taken on a pre-tax basis.

Meet ALEX

ALEX is a virtual (online) benefits counselor that will help you understand and make decisions about your benefits for you and your family. To have ALEX help you with your benefit decisions, go to www.myalex.com/rrtrucking/2018 to get started. Try it once or 10 times – there is no cost to use this valuable tool.

Teladoc

Teladoc provides 24/7/365 access to U.S. board-certified physicians to diagnose, treat, and prescribe medication for common medical issues such as cold and flu symptoms, allergies, ear infections, and more. Assistance is available over the phone, online, or through the Teladoc app. There is a \$0 copay if you enroll in Plan A. If you elect Plan B, there is a \$45 copay per phone visit. Don't forget to log on to www.teladoc.com and register.

Dental

Because maintaining your smile is important, we are proud to offer you dental coverage through MetLife. Although you have the option to see any provider you wish, you will receive the best benefits when you choose an in-network dentist. The table below shows the amount you pay for each service.

www.mybenefits.metlife.com

Dental Plan Features	
Benefit	High PPO
Deductible <i>Individual / Family</i>	\$25 / \$75
Annual Max	\$2,000
Preventive	No Cost
Basic	20%
Major	50%
Ortho	50%
Ortho Max	\$1,500
Weekly Rate*	
Employee	\$6.00
Employee + Sp	\$12.00
Employee + Ch	\$14.00
Family	\$21.00

*Contributions for dental coverage are taken on a pre-tax basis.

Vision

We are pleased to offer vision benefits through Ameritas using EyeMed's network of providers. Although you have the option to see any provider you wish, you will receive the best benefits when you choose an in-network doctor.

www.eyemedvisioncare.com

Vision Plan Features		
Benefit	In-network	Out-of-network
Exam <i>every 12 mos</i>	\$10 copay	Reimbursement up to \$35
Frames <i>every 24 mos</i>	\$150 allowance	Reimbursement up to \$75
Lenses <i>every year, single/bifocal/trifocal</i>	\$10 copay**	Reimbursement up to: \$25 / \$40 / \$55
Contacts	\$150 allowance	Up to \$120
Weekly Rate*		
Employee		\$1.00
Employee + Sp		\$2.00
Employee + Ch		\$2.00
Family		\$3.00

*Contributions for both vision plans are taken on a pre-tax basis.

**Copay applies to base lenses only.

Life and Accidental Death and Dismemberment (AD&D)

Basic Life Insurance and AD&D through Voya is available at no cost to you and is paid for by R&R Transport. Eligible employees are covered in the amount of \$50,000. Spouses are covered for \$5,000 and children for \$2,500.

Voluntary Life Insurance and AD&D is available for purchase through Voya in addition to your employer-provided basic coverage. During this enrollment period only, you will be able to select up to \$200,000 of coverage for yourself without answering any medical questions.

Disability

Disability insurance protects a portion of your income if you are disabled and unable to work due to an injury or illness. You must be an employee for one year before disability benefits apply. Please speak with a member of the Benefits Enrollment Team for your custom quote.

Company-Paid Short Term Disability (STD) Insurance through Voya provides eligible employees with a \$200 per week benefit if you become disabled due to injury or illness. The benefit begins after you have been disabled for 14 calendar days and can pay for up to 24 weeks.

Voluntary Buy-Up Short Term Disability (STD) Insurance through Voya provides eligible employees with the option to purchase additional short term disability coverage over the company-paid \$200 per week. You may purchase up to 60% of your weekly income, up to a maximum of \$1,500 per week. This benefit begins after you have been disabled for 14 calendar days and can pay for a maximum of 24 weeks.

Voluntary Long Term Disability (LTD) Insurance is available for purchase through Voya. Benefits begin 180 days after your disability. The policy can replace up to 60% of your income, not to exceed \$5,000 per month.

Health Savings Account (HSA)

If you participate in Plan B, you are eligible to set aside pre-tax dollars in a Health Savings bank account through Optum Bank to pay for eligible medical, dental, and vision expenses.

- Unused money in an HSA account is not forfeited at the end of the year and is carried forward.
- The HSA is yours to keep, meaning that you can take it with you if you leave employment.
- Annual individual maximum contribution is \$3,450 or \$6,900 for a family.
- Individuals between 55 – 65 years of age can contribute an additional \$1,000 per year in catch-up contributions.
- If you make a contribution to your HSA, R&R Trucking will match your per-pay-period contribution, up to a maximum of \$500 annually.

Flexible Savings Account (FSA) – *administered by Benefit Express*

A Flexible Spending Account allows you to set aside some of your income on a pre-tax basis to pay for certain health or day care expenses that may not be covered as part of your benefit plans. R&R Trucking offers two types of accounts, a Healthcare Flexible Spending Account and a Dependent Care Account. Employees are allowed to rollover a maximum of \$500 of their Healthcare FSA funds to the following year. Dependent Care Account funds **do not** rollover and receipts for your 2018 expenses must be submitted by March 31, 2019.

A **Healthcare FSA** allows you to pay for medical, dental, and vision expenses not covered by your benefit plans. This includes deductibles, copays, orthodontia, glasses, and contact lenses. The annual maximum is \$2,650.

A **Dependent Care Account** can help fund the care of children under the age of 13 or a disabled spouse or parent while you work. The account can be used for day care, preschool, after-school care, summer day camp, or elder care. The annual maximum is \$5,000.

Benefit Contact Information

All of your benefit contact information is available through www.mydasekebenefits.com. You may also call 844-831-5969 or contact your local HR leader for more information.



Act now! Call **844-831-5969**, Monday - Friday, 8 a.m. – 7 p.m. CST or log on to **www.daseke.mybenefitsappointment.com** to pre-schedule an appointment or visit **www.mydasekebenefits.com**.



AATCO **R & R** NEI
Trucking, Inc.

This brochure provides a highlight of the plans offered by your employer and in no way serves as the Summary Plan Description or plan document for the plans. If any discrepancies exist between this brochure and the plan documents or R&R Trucking Policy, the plan documents or policies shall govern. All Summary Plan Descriptions are available through Human Resources. We reserve the right to modify any of these plans at any time.